

# Single Session Collaborative Family Work (ANTS)

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# Single Session Collaborative Family Work (rationale)

- ▶ Based on the successful Collaborative Family Work model
- ▶ Evidence that Single session family work and family mediation can be effective
- ▶ There are successful single session models for work with young people and families including FGCs and other restorative justice models

# Collaborative Family Work

(4-10 sessions in family home with two workers)

## RIDGES

- ▶ Rules
- ▶ Identify problem
- ▶ Decide which problem to work on
- ▶ Goal
- ▶ Explore
- ▶ Strategies

# Training/Support to staff

- ▶ Training including role plays
- ▶ Preparation
- ▶ De-briefing
- ▶ Evaluation

# Collaborative family Work Publications

- ▶ Trotter C., Evans P., & Baidawi S., (2020) Collaborative Family Work in Youth Justice Australian Social Work 73(3) 267-279 **Awarded Norm Smith Prize for best research article in 2020 in Australian Social Work**
- ▶ Trotter C (2015) *Working with Involuntary Clients* Allen and Unwin Sydney co-published with Routledge Abingdon, UK (translated into 5 languages)
- ▶ Trotter C (June 2013) *Collaborative Family Work - A practical guide to working with families in the human services* Allen and Unwin Sydney
- ▶ Trotter C (2021) Family Work in Corrections - Trends from Youth Justice in Lattimore P., Huebner B., & Taxman F., *Handbook on Moving Corrections and Sentencing Forward*, Routledge, New York.
- ▶ Trotter C (2018) Collaborative Family Work in Youth Justice in In Ugwedike P., Raynor P., & Annison J., *Evidence Based Skills in Criminal Justice*, Policy Press, Bristol
- ▶ Trotter CJ (2017) Working with families in youth justice. *Probation Journal*, 64(2), 94-107.

# Collaborative Family Work (ANTS) Research

- ▶ ARC/NSW Youth Justice Study - Collaborative Family Work (ANTS)
- ▶ Four year study into the effectiveness
- ▶ Recidivism
- ▶ Worker and client satisfaction

# Completion rates in family home (average 6 sessions)

- ▶ Home      29/35    83%
- ▶ Office     1/7        14%
- ▶ Detention   1/3        33%

# Detention/Prison within 2 years for FW undertaken at home

▶ Completed	4/29	14%
▶ Not completed	2/6	33%
▶ Declined	17/46	37%
▶ Not offered	10/40	25%

P < .05 home/other



# Interviews with family members post 2 months (n=62)

▶ Very unhelpful	2%
▶ Unhelpful	0%
▶ Neither helped nor harmed	1%
▶ Helpful	38%
▶ Very helpful	37%

Staff similar positive responses.

# Single session pilot research

- ▶ Single session model (RIDGES)
- ▶ Undertaken in Western Region YJ and with Mission Australia
- ▶ Offers a wider reach- to more families
- ▶ Evidence that single session interventions can be effective

# Research/Evaluation on the intervention in Western Region Youth Justice

- ▶ Ethics consent gained from UNSW and in the process of approval from AHMRC

- ▶ Aboriginal governance group established

## **Pre/ during session**

- ▶ Worker notes
- ▶ Family members rate the extent of family functioning pre session
- ▶ Family members rate the extent of the main problem during the session

## **Post-session (1 week)**

- ▶ Family members rate family functioning, extent of main problem and the general helpfulness of the intervention
- ▶ Interviews with staff/ facilitators regarding extent to which they believe families have been helped and general helpfulness of the intervention.

## **Post session (3 months)**

- ▶ Family members rate family functioning, extent of main problem and the general helpfulness of the intervention

## **Re-offending data**

- ▶ 12 months after the young people participate in the intervention, re-offending data will be collected via NSW Bureau of Crime Statistics and Research (BOCSAR).