OurSPACE

Specialist outreach trauma therapeutic support

OurSPACE provides specialist outreach therapeutic trauma support covering all of NSW for children and young people under the age of 15 years who live in Foster Care or Kinship Care and have experienced at least two placement changes in the previous six months.

Our aim is to support the relationships around children and young people so that they are able to live with the same carers for as long as they need to.
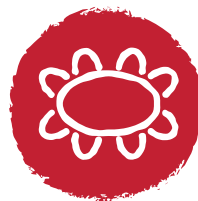
We provide specialist support to children, young people and their carers in order to help children begin to heal from the trauma they may have experienced.

We draw from different trauma sensitive therapies to match the healing needs of each child or young person referred to our service.

To support a sense of connection and safety, our therapists can continue to see children and young people even when placements move to different areas, so long as this is in NSW.

We support carers in building their understanding of complex trauma, as well as their confidence in responding to the trauma-based needs of the child or young person they are caring for.

We value the network of important people supporting the child or young person, such as their case worker, their teacher and others. We work collaboratively to build the knowledge and confidence of this helping team to plan and respond to the ongoing needs of the child or young person.

We provide a mix of in person support and counselling, as well as phone and video calls to flexibly meet the needs of children, young people and their carers.

We have Aboriginal and Torres Strait Islander therapists on our team to help support the needs in a culturally strong and trauma informed way.

We have created special culturally safe therapeutic resources and tools which we use to make sure that the cultural needs of children and young people are integrated into their counselling and support.

For referrals or general enquiries please call 1300 381 581 or email intakeourspace@childhood.org.au